



Queen's University

Faculty of Health Sciences; Kingston, Ontario

Key Contacts and Websites

UME

Dr. Anthony (Tony) Sanfilippo, Associate Dean

sanfilia@hdh.kari.net; 613-549-6666 ext. 3225

STUDENT AFFAIRS/LEARNER WELLNESS CENTRE

Dr. Renee Fitzpatrick, Director of Student Affairs

rf6@queensu.ca; 613-533-2542

Erin Meyer, Zdenka Ko, Learner Wellness Assistants

learnerwellness@queensu.ca; 613-533-6000 ext. 78451

AESCULAPIAN SOCIETY (AS)

AS Council: www.qmed.ca/as_council

Roya Abdmoulaie, Wellness Officer; wellness@qmed.ca

WEBSITES

MD Program: www.meds.queensu.ca

Student Affairs: www.meds.queensu.ca/academics/undergraduate/student-affairs

Aesculapian Society: www.qmed.ca

QMED Help Tool: www.meds.queensu.ca/academics/undergraduate/help

ONTARIO MEDICAL ASSOCIATION

General: 1-800-268-7215; info@oma.org;

www.oma.org

Physician Support Program (PSP): 1-800-851-

6606; www.php.pma.org

ONTARIO MEDICAL STUDENTS' ASSOCIATION

Website: www.omsa.ca

Email: chair@omsa.ca or co-chair@omsa.ca

Current Council: www.omsa.ca/en/council

COLLEGE of PHYSICIANS and SURGEONS of

ONTARIO

General: 1-800-268-7096; www.cpsso.on.ca

Academic and Career Wellness

Academic Advising

Academic advisors can assist with academic goals, study skills, etc. Academic advisors include:

Dr. Erin Beattie (learnerwellness@queensu.ca), Dr.

Craig Goldie (craig.goldie@queensu.ca), and Dr.

Susan MacDonald (sem@queensu.ca).

For more information: <https://bit.ly/2KouJGp>

Career Advising

Career advisors can assist with career goals and decisions. Career advisors include:

Dr. Susan Haley (haleys@kqh.kari.net), Dr. Kelly

Howse (howsek@queensu.ca), and Dr. Joshua

Lakoff (jml7@queensu.ca).

For more information: <https://bit.ly/2lydZHC>

CV/Resume Review

Queen's Career Services offers resume review sessions by appointment.

Website: <https://bit.ly/2Kuv9uP>

Queen's Student Accessibility Services (QSAS)

QSAS offers accommodation planning, referrals to supports as needed, advice on accommodation matters, and support around disclosure, self-advocacy, etc.

Website: <https://bit.ly/2N4NRaI>

Queen's University Libraries

Bracken Health Sciences Library is located in Botterell Hall. Other sites and resources available.

Website: www.queensu.ca/academics/library

Emotional/Mental Wellness

Personal Counselling

Becky Haist is an medicine-embedded counsellor available for personal counselling appointments.

<https://bit.ly/2MuLixB>

Queen's University Counselling Services

Queen's offers counselling in personal, social, and academic areas.

www.queensu.ca/studentwellness/counselling-services

Wellness Advising

Wellness Advisors will meet confidentially to assist with physical, emotional, or personal struggles, and to facilitate resource access as needed.

For an appt., email learnerwellness@queensu.ca.

OMA Physician Health Program

Confidential/anonymous support if concerned about self or colleague. CPSO-independent.

Website: www.php.oma.org

PARO 24-Hour Helpline

Confidential/anonymous support 24/7 for medical students/residents. Providers are trained in mental health and in issues affecting medical trainees.

Phone: 1-866-HELP-DOC (1-866-435-7362)

Website: www.torontodistresscentre.com/paro

Kingston 24-Hour Crisis Line

24/7, 365 crisis phone line for support and referrals.

Phone: 613-544-4229 (Toll Free: 1-866-616-6005)

Website: www.amhs-klfa.ca/services

Financial Wellness

General Queen's University Student Awards

This is Queen's general awards and finance webpage.

www.queensu.ca/studentawards

Queen's School of Medicine General Student Awards and Financial Aid

Information on awards and financial aid specific to medical students.

<https://bit.ly/2MsSR80>

Queen's University Financial Aid

This page lays out various financial aid options.

www.queensu.ca/studentawards/financial-aid

Undergraduate Medical Education Awards

Queen's medical students are automatically considered for these awards.

<https://bit.ly/2Kultx9>

Ontario Student Assistance Program (OSAP)

Students who are residents of Ontario may be eligible for financial assistance via OSAP.

<https://bit.ly/2d4Ddy4>

Financial Advising

Queen's University Student Awards Office offers free financial advising to Queen's students.

Appointments can be made by emailing awards@queensu.ca or calling 613-533-2216.

<https://bit.ly/2tJDyzZ>

Physical Wellness

Aesculapian Society Athletics

Website: www.qmed.ca/athletics

Athletics & Recreation Centre (ARC)

Access to campus athletics and recreation facilities is provided under student fee payment.

Locations and amenities available here:

<https://bit.ly/2yP18RX>.

Health & Dental Plan

Full-time undergraduate students have access to a health and dental plan via the Alma Mater Society. Opt-out available.

Website: www.myams.org/plan

Pharmacies

There is a DrugSmart Pharmacy on campus in the Queen's Centre (ARC), and Shoppers Drug Mart pharmacies at Division & Princess, and Bagot & Princess.

Telehealth Ontario

Confidential health and medical advice is available 24/7 from a registered nurse.

Phone: 1-866-797-0000

QM

Queen's Student Wellness Services (SWS)

SWS offers walk-in and booked appointments with MDs and RNs for physical, mental, and sexual health issues.

Phone: 613-533-2506; Website:

www.queensu.ca/studentwellness/health-services

Social/Relationship Wellness

Aesculapian Society Event Calendar

Website: <https://sites.google.com/site/silqmed/>

Aesculapian Society Social Events

The AS hosts events such as an annual golf tournament and formal.

Website: www.qmed.ca/social

Aesculapian Society Student Groups

A variety of student groups, including interest groups and service groups are available.

Website: <https://bit.ly/2MrdSA3>

Medical Student Lounge & Meeting Rooms

The Queen's School of Medicine Building has a medical study lounge with amenities, as well as group meeting rooms with after-hours access.

Spiritual Wellness

Christian Healthcare Fellowship

Provides an opportunity to explore faith, medicine, and how they intersect.

Contact: Gordon Yao (gyao@qmed.ca)

Christian Medical and Dental Society (CMDs)

CMDs is a national, Christian organization.

Website: www.cmdscanada.org

Four Directions Aboriginal Student Centre ("4D")

The Four Directions Centre offers academic tutoring and advising, cultural programming, an indigenous-focused library, workshops, and a lounge, kitchen, and laundry facilities.

www.queensu.ca/fdasc/home

Muslim Medical Association of Canada (MMAC)

MMAC is a national, Muslim organization.

Website: <https://bit.ly/2lFFwhe>

Office of the Interfaith Chaplain

The Office of the Interfaith Chaplain provides counselling, ceremonial services, interfaith community development, and spiritual support.

Phone: 613-533-2186; Email: chaplain@queensu.ca

Website: www.queensu.ca/chaplain/home

Queen's University Reflection and Prayer Space

Available spaces are listed here:

<https://bit.ly/2yRPY8r>.